

## Diabetes – hba1c >9.5%:

### Community Support:

- Emergency foot clinic – ulceration or at risk of ulceration only. [GP to email or patient to call service for same day appointment](#)
- Diabetes Community Team – [mobile and email for support](#)

### Self-Management:

- Leaflets and videos to explain and engage- [click here for resources](#)
  - diagnosis
  - importance of good glycaemic control
  - diet and lifestyle advice
  - sick day rules
  - Ramadan specific information
- FREE access to DESMOND online
  - for intro video- [click here](#)
  - for link to patient sign up- [click here](#)
- Diabetes care plan

**Medicines optimisation protocol: [Click here](#)**