

GP Referral Process Homerton University Hospital Post COVID Clinic

Referrals to the **Post COVID Clinic** should be made directly by email to:

huh-tr.post.covidclinic@nhs.net

This is a non-urgent referral and advice point of access for anyone with prolonged COVID symptoms. You will receive a response within 3-5 working days. Patients do not need to have either a post COVID swab or antibody test to be referred.

This is not a point access for anyone who needs more urgent care or any other Speciality Care Pathway. If the patient has signs and symptoms of an acute or life threatening complications please refer to the following guidance for referral to Secondary Care <https://gp-website-cdn-prod.s3.amazonaws.com/pathway-downloads/1604328235-6fb77af67976edabf4739688be400ed8.pdf> or refer via the normal referral/care pathway for the speciality required.

For a referral into the clinic to be accepted, patients must have had the following screen (see below) in Primary Care for referral to the Post COVID Clinic to be accepted in line with the NICE post COVID-19 Rapid Guideline www.nice.org.uk/guidance/ng188

- Clinical Assessment – including history, bedside observations
- Investigations - CXR, Bloods – FBC, CRP, U&Es, LFTs, Vitamin D levels, Ferritin, COVID Serology
- If indicated – BNP (non-respiratory associated breathlessness), Cortisol (severe fatigue) Creatine Kinase (muscle pain)
- Desaturation test – 1 min sit to stand test or 40 step test if not able to do a sit to stand test
- BP – lying and sitting
- Yorkshire COVID Rehabilitation Questionnaire

Please ensure all patients have been provided with the Homerton Hospital Post COVID patient information pack at the following link

<https://www.homerton.nhs.uk/covid-recovery-and-rehabilitation>

and for more self-management resources this is included in the **“Primary Care Management for Post Covid Symptoms”** document which can be found in the download section on the following page [Covid-19 topic page](#)