

DIABETES SPECIALIST NURSE CLINIC

REFERRAL CRITERIA

1) Patients with HbA1c >8.5% who:-

- a) Have been on maximum oral therapy for at least 3 months
- b) are not tolerating oral therapy
- c) need review of current insulin regime

2) Any patients who are complaining of regular hypoglycaemia symptoms with evidence in blood glucose diary.

Please note:-

All patients referred must have an up to date HbA1c within 2 months prior to referral. The result must be available for the appointment with me.

If oral treatment is adjusted, repeat the HbA1c after 3 months, then refer if >8.5%.

Inappropriate Referrals

- Patients who require dietary advice. These patients should be referred to the Diabetes Specialist Dietitian, either at the practice or at the hospital.
- Patients with no diabetes diagnosis.
- Patients who are not yet on maximum dose oral therapy.
- Newly diagnosed patients.

If you have any questions relating to the referral criteria, please do not hesitate to contact **Laura Elwood, Lead Nurse Diabetes on 020 8510 5920.**