**‘Breathe’ Stop Smoking Referral Pathway**

* ‘Breathe’ Camden & Islington stop smoking service is open to current smokers aged over 13\* who live, work or study, or are registered with a GP in the borough of Camden & Islington.
* Anyone using electronic cigarettes as part of a cessation attempt can also access the service.
* Weekly clinics are run by a team of specialist advisors in a wide range of community locations. The service is also available through GP surgeries and pharmacies across Camden & Islington.

**Referral by health professionals**

**Self-referral**

* Call : **020 3633 2609**

(opening hours Mon-Fri 9am-5pm)

**Or**

Text **Quit to 66777**

**Or**

* Complete and send the Breathe online referral form via website link

<https://www.breathestopsmoking.org/contact-us/>

* Email: electronic referral form to [breathe.team@nhs.net](mailto:breathe.team@nhs.net)
* **GPs in Camden & Islington**

can make direct referral via EMIS and this can be done by uploading referral form from:

[Stop Smoking - North Central London GP Website (northcentrallondonccg.nhs.uk)](https://gps.northcentrallondonccg.nhs.uk/service/stop-smoking)

* Health care professionals can request to know the outcome of their client/patient referral by emailing a request to

[breathe.team@nhs.net](mailto:breathe.team@nhs.net)

**Notes on referrals to the stop smoking service**

* Please ensure to include a client contact number as we cannot process referrals without this.
* Referrals are processed **within 48 hours** of receipt.
* The Breathe stop smoking service will make 3 attempts to contact the client.
* The client will be offered a range of options and can select the service most convenient for them. This could be:
  + a community clinic appointment
  + details of where to access their nearest pharmacy for support
  + details of smoking cessation support at their GP practice
  + telephone support
* If the Breathe stop smoking service is unable to contact a client, an SMS message or a letter is sent to the client asking them to contact us if they still wish to access the service.