

Health First Pharmacy Formulary - updated 15th October 2020

Condition	Medicine	Formulation	Strength	Pack size	Formulary status	Criteria set in PharmOutcomes Default is one item per consultation unless stated below
Athletes Foot	Clotrimazole	Cream	1%	20gm	Green	
	Clotrimazole	Solution /Spray	1%	40ml	Green	
	Miconazole	Cream	2%	30gm	Green	
	Terbinafine	Cream	1%	7.5gm	Green	
Back pain	Ibuprofen	Tab	200mg	24	Green	Routinely one pack of medicine to be supplied but two packs can be supplied if considered to be needed to prevent second consultation Supply of two packs to be monitored
	Ibuprofen	Tab	200mg	48	Green	
	Ibuprofen	Tab	400mg	24	Green	
	Ibuprofen	Tab	400mg	48	Green	
	Paracetamol	Tab	500mg	32	Green	
	Paracetamol	Tab	500mg	48	Green	
Constipation	Docusate sodium	Caps	100mg	30	Green	
	Ispaghula husk	Sachets	3.5gm	10	Green	
	Senna	Tab	7.5mg	60	Green	
Contact dermatitis	Aqueous	Cream		500gm	Green	Contact Dermatitis can be emollient only, steroid only or steroid & emollient together.
	Clobetasone	Cream	0.05%	15gm	Green	
	Emulsifying	Oint		500 gm	Green	
	Hydrocortisone	Cream	1%	15gm	Green	
Diarrhoea	Loperamide	Caps	2mg	6	Green	Diarrhoea 1st option oral re-hydration sachets only if does not improve give Loperamide but not both together
	Oral rehydration	Sachets		6	Green	
Fever	Ibuprofen	Oral susp	100mg/5ml	100ml	Green	Routinely one pack of medicine to be supplied but two packs can be supplied if considered to be needed to prevent second consultation Supply of two packs to be monitored
	Ibuprofen	Tab	200mg	24	Green	
	Ibuprofen	Tab	400mg	24	Green	
	Paracetamol	Tab	500mg	32	Green	
	Paracetamol	Tab soluble	500mg	24	Green	
	Paracetamol	Oral susp SF	120mg/5ml	100ml	Green	
	Paracetamol	Oral susp SF	250mg/5ml	200ml	Green	
Hay fever	Beclometasone	Nasal spray	50micrograms/dose	200 doses	Green	Can give 1, 2 or 3 items out of anti-histamines, drops and nasal spray depending on patient need.
	Cetirizine	Tab	10mg	30	Green	
	Cetirizine	Oral soln	5mg/5ml	200ml	Green	
	Chlorphenamine	Oral soln	2mg/5ml	150ml	Green	
	Chlorphenamine	Tab	4mg	28	Green	
	Loratadine	Tab	10mg	30	Green	
	Loratadine	Oral soln	5mg/5ml	100ml	Green	
	Sodium cromoglicate	Eye drops	2%	10ml	Green	
Headache	Ibuprofen	Tab	200mg	24	Green	Routinely one pack of medicine to be supplied but two packs can be supplied if considered to be needed to prevent second consultation Supply of two packs to be monitored
	Ibuprofen	Tab	400mg	24	Green	
	Paracetamol	Tab	500mg	32	Green	
	Paracetamol	Tab soluble	500mg	24	Green	
	Paracetamol	Tab	500mg	200ml	Green	
	Paracetamol	Oral susp	250mg/5ml		Green	
Head lice	Nitcomb M2				NA	First line is combing so the following are possible options Comb only Liquid only Liquid & comb (if parents have lost the comb originally supplied) 200ml pack to be supplied if treatment needed for household
	Malathion	Lotion		50ml		
Indigestion /heartburn	Gavison advance tabs	Tablets - mint		24	Green	
	Gavison Advance	Liquid - aniseed		150ml	Green	
Soft tissue injury	Ibuprofen	Tab	200mg	24	Green	Soft tissue injury can give pain killer & bandages
	Ibuprofen	Tab	400mg	24	Green	
	Paracetamol	Tab	500mg	32	Green	
	Paracetamol	Tab soluble	500mg	24	Green	
	Tubular bandage		Size B	0.5m	NA	
	Tubular bandage		Size C & D	0.5m	NA	
	Tubular bandage		Size E & F	0.5m	NA	
	Tubular bandage		Size G	0.5m	NA	
	Tubular bandage		Size B	1m	NA	
	Tubular bandage		Size C & D	1m	NA	
	Tubular bandage		Size E & F	1m	NA	
	Tubular bandage		Size G	1m	NA	
Teething	Calgel Teething Gel					Teething can give pain killer & teething gel together
	Dentinox teething gel					
	Ibuprofen	Oral susp	100mg/5ml	100ml	Green	
Vaginal thrush	Paracetamol	Oral susp SF	120mg/5ml	100ml	Green	
	Clotrimazole	Pessary	500mg	1	Green	
	Clotrimazole	Cream	1%	20gm	Green	
Nappy rash	Clotrimazole	Combipak - pessary & cream	500mg & 2%		Green	
	Metanium			30gm	Green	
Primary dysmenorrhoea	Ibuprofen	Tab	200mg	24	Green	Routinely one pack of medicine to be supplied but two packs can be supplied if considered to be needed to prevent second consultation Supply of two packs to be monitored
	Ibuprofen	Tab	200mg	48	Green	
	Ibuprofen	Tab	400mg	24	Green	
	Ibuprofen	Tab	400mg	48	Green	
	Paracetamol	Tab	500mg	32	Green	
	Paracetamol	Tab soluble	500mg	24	Green	
	Paracetamol	Oral susp SF	250mg/5ml	200ml	Green	
Warts & verrucas	Occlusal (salicylic acid)	Liquid	26%	10ml	Green	

	Duofilm (salicylic acid + lactic acid) (C&D seems to be saying only available in outers of 140)	Liquid		15 mL		
	Verrugon	Liquid		6 gm		
Ringworm	Clotrimazole	Cream	1%	20gm	Green	
	Miconazole	Cream	2%	30gm	Green	
Threadworm	Mebendazole	Oral susp	100mg/5ml	30ml	Green	Pack sizes of 4 & 8 are for use when treating a household is required
	Mebendazole	Tabts	100mg	2 tabs	Green	
	Mebendazole	Tabts	100mg	4 tabs	Green	
	Mebendazole	Tabts	100mg	8 tabs	Green	
Toothache	Ibuprofen	Oral susp	100mg/5ml	100ml	Green	Routinely one pack of medicine to be supplied but two packs can be supplied if considered to be needed to prevent second consultation Supply of two packs to be monitored
	Ibuprofen	Tabts	200mg	24	Green	
	Ibuprofen	Tabts	200mg	48	Green	
	Ibuprofen	Tabts	400mg	24	Green	
	Ibuprofen	Tabts	400mg	48	Green	
	Paracetamol	Tabts	500mg	32	Green	
	Paracetamol	Tabts soluble	500mg	24	Green	
	Paracetamol	Oral susp SF	120mg/5ml	100ml	Green	
	Paracetamol	Oral susp SF	250mg/5ml	200ml	Green	