

# Breastfeeding Support in Islington

Islington's peer supporters, in their distinctive purple shirts, are mums who have breastfed their own babies before having training to help other mums with feeding.

Parents often meet our team in hospital and will usually receive a phone call from us once back home. If new mums can't get to any of our drop-in support groups, we might also be able to visit them at home.

Anyone can also call or message us for information and support at any stage.

**Our free service is open to all Islington families.**

Contact us on

**020 3316 8439**

[islington.gov.uk/breastfeeding](http://islington.gov.uk/breastfeeding)

## Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
<p>By appointment only <b>Hornsey Road Children's Centre</b> 8 Tiltman Place Hornsey Road N7 7EN Pre-booking only - call 020 3316 8439</p> <p><b>1.30-3.00pm</b> <b>Conewood Street Children's Centre</b> 14 Conewood Street N5 1DL Tel: 020 7527 4440</p>	<p><b>1.00-2.30pm</b> <b>Hungerford Children's Centre</b> 10 Goodinge Road N7 9LH Tel: 020 7527 8441</p> <p><b>Find us on Facebook</b> for support, information, news and feedback</p> <p> <b>Breastfeeding Islington</b></p>	<p><b>9.30-11.00am</b> <i>(part of baby clinic)</i> <b>Bingfield Primary Care Centre</b> 8 Bingfield Street N1 0AL Tel: 020 3316 8439</p> <p><b>1.00-2.30pm</b> <i>(premature babies especially welcome)</i> <b>Archway Children's Centre</b> Vorley Road, N19 5HE Tel: 020 7527 4827</p>	<p><b>9.30-11.00am</b> <b>Moreland Children's Centre</b> 2 Gard Street EC1V 8BX Tel: 020 7527 3500</p> <p><b>Friday</b></p> <p><b>9.30-11.00am</b> <b>Paradise Park Children's Centre</b> 164 Mackenzie Road N7 8SE Tel: 020 7697 7330</p>	<p><b>1.00-2.30pm</b> <b>New River Green Children's Centre</b> 23 Ramsey Walk N1 2SX Tel: 020 7527 4813</p> <p><b>1.00-2.30pm</b> <b>Ambler Children's Centre</b> Romilly Road N4 2DR Tel: 020 7359 7628</p>

*(timetable may change during school holidays – call or check on Facebook for updates before attending)*

We collect, receive and process your personal information as part of your perinatal care with Whittington Health NHS Trust and operate within Trust systems and policies. For more information on how we use your data, visit [www.whittington.nhs.uk](http://www.whittington.nhs.uk), see our Facebook page or contact us.

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**Support Lines**  
9.30am-9.30pm, 7 days a week

**National Breastfeeding Helpline**  
0300 100 0212 *(press 2 for Polish)*

**The Breastfeeding Network**  
0300 100 0210  
[breastfeedingnetwork.org.uk](http://breastfeedingnetwork.org.uk)  
(webchat also available)

**Bengali/Sylheti Supporterline**  
0300 456 2421