

Semen analysis

Patient information

Semen analysis is **performed only by booking** an appointment by phoning Fertility Centre Laboratory on 020 8510 7813 between 8.30am and 4.30pm.

Samples brought in without an appointment will not be accepted or analysed.

Appointments can be made to bring the samples on:

Monday 2pm - 6pm

Tuesday 7am - 8am, and 1.30pm - 2.30pm

Wednesday 2pm - 6pm

Thursday 7am - 8am

Friday 2pm - 4pm

Saturday 12pm - 1pm.

We are not open on bank holidays.

If you are referred by a doctor outside the Homerton Fertility Centre, you must bring in a test request slip/letter from your doctor/GP. You will be required to pay £120 if a test request form is not enclosed with the sample.

Instructions for collection of semen sample

Before producing the sample please ensure that you do not ejaculate or have sex for two to seven days.

(Outside this period the semen quality may be affected).

1. Please use only the sterile specimen pot provided by the Fertility Centre. You will need to collect the specimen container from the Fertility Clinic at least a day before the test.
2. Write your name and date of birth on the container provided. Samples will be discarded if the details on the specimen pot and forms do not match.
3. The sample must be produced by masturbation. Wash hands and penis before producing semen. Do not use any lubricant. Collect the whole ejaculate directly into the specimen pot taking care not to spill any part of the ejaculate. Report any spillage on the sample delivery form that you will fill out at the Fertility Reception. In some cases withdrawn intercourse semen samples may be preferred in which case only use a non-toxic condom that can be purchased from the Fertility Centre.
4. Write the date and time of production on the pot and place into the biohazard bag provided.
5. Keep the sample warm 20-37°C (closer to body temperature) during transport. Ensure the lid is tight and the specimen pot held upright to avoid spillage. Samples will be discarded if spillage occurred in transporting the sample to the clinic.
6. Samples collected in any other containers, abstinence times outside two to seven days, spillage or delivering sample beyond one hour, will be discarded without analysis as the results may not be valid.

7. Hand in the sample along with the test request form within one hour of production to ensure sperm motility assessment can be performed within the one hour period, at the following address.

Homerton Fertility Centre
Homerton University Hospital
Homerton Row
London E9 6SR

8. You will be asked to fill in a sample delivery form at the Fertility reception.
9. The results of your semen analysis will be sent to your GP or referring doctor within two weeks if you have adhered to the instructions above.

Other useful information

Fertility Centre

 020 8510 7660

 fertility.unit@homerton.nhs.uk

Laboratory

 020 8510 7813

 huh-tr.HomertonIVFLab@nhs.net

NHS Choices

 www.nhs.uk/video/Pages/Vasectomy.aspx

Patient Advice and Liaison Service (PALS)

PALS can provide information and support to patients and carers and will listen to your concerns, suggestion or queries. The service is available between 9am and 5pm.

 0208 510 7315

 07584 445 400

 PALS@homerton.nhs.uk

If you require this information in large print, plain print audio or Braille please contact the Patient Information Team on 0208 510 5302, text 07584 445 400 or email: patientinformation@homerton.nhs.uk

Produced by: Fertility Centre
SWSH

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