City and Hackney Scrotal Testicular Swelling Pathway **Homerton Healthcare** Patient presents with Enlarged testicle or Lump in the body of testes or epididymis Lump in epididymis Painful swollen Testicular lump testicle Hard swelling within or testicular pain the body of the testes or \forall with no lump diffuse swelling of recent Acute onset? • If confirmation required, onset arrange ultrasound scan rather than refer to clinic **RED FLAG** ₩ Likely to be Likely to be Urgent 2 week wait **Abnormality** testicular torsion* epididymo-orchitis* urology referral detected? • Especially if onset is after • Especially if lower intense activity involving urinary tract symptoms abdominal muscle present. **Examination classically** contraction. Usually in younger demonstrates reduction Reassure patient, Referral to urology of pain on lifting of the patient e.g. under 50. advise re: self for possible surgery • Examination classically testicle. examination and if very large or shows a high-riding about signs and causes discomfort *If any doubt testicle symptoms of or inconvenience If confident with diagnosis in diagnosis, testicular cancer request: Refer patient Testicular USS **RED FLAG** to Urology MSU **Emergency referral to** Chlamydia and urology registrar and gonorrhoea NAATs admission Gonorrhoea culture Patient Info Treat with antibiotics Scrotal Lumps, Pain and Swelling (Patient.info) Lower risk of STI-associated Higher risk of STI-associated epididymo-orchitis: epididymo-orchitis: · Older age Young age Low risk sexual history · High risk sexual history • Previous urological procedure or UTI • No previous urological procedure/UTI • Urethral discharge present · No urethral discharge • Positive Urine Dipstick for • Urine Dipstick positive for leucocytes leucocytes and nitrites only **Treat Treat** **Refer to Homerton • Ciprofloxacin 500 mg BD for 10 days Cetriaxone 500mg IM STAT** and **Sexual Health Services** or Ofloxacin 200 mg BD for 14 days. Doxycycline 100mg BD for 10 days for treatment, if unable to offer IM injection in • Review at 10 days – if no significant • If history of insertive anal sex ADD GP practice improvement in pain and swelling

continue antibiotics for another 2

weeks

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above regime or Ofloxacin 200 mg BD

• Review at 10 days – if no significant improvement in pain/swelling continue antibiotics for another 2

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