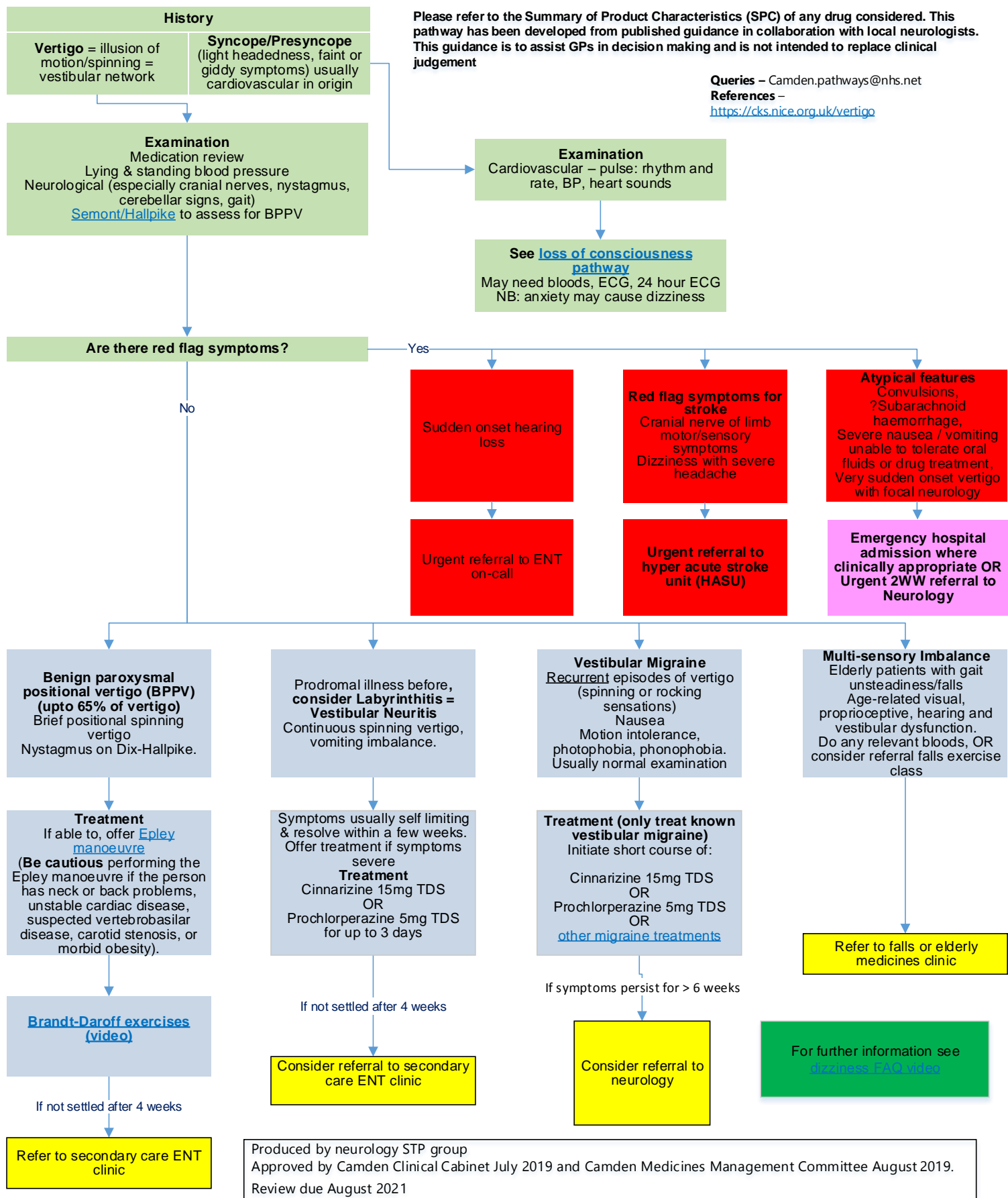


Dizziness Pathway

Clinical Commissioning Group



General Information Points

AVOID long-term pharmacological use in dizziness or vertigo (e.g. prochlorperazine, cinnarizine, anticholinergics); there is little evidence or clear effectiveness but they often delay central compensation and create a psychological dependence.

All patients should receive general supportive and reassurance advice as a significant proportion develop secondary avoidance behaviour. They should be advised to mobilise as much as possible as this helps them compensate quicker

NOTE: Consider Advice & Guidance on e-referral to ENT

DLA states that people with 'liability to sudden and unprovoked or unprecipitated episodes of disabling dizziness' should stop driving and inform the DVLA