

## Key

- "Must do" actions for GP's / (Triaged by RSS)
- Recommendations for Primary Care
- Red flag / urgent referral
- Routine referral
- Public health intervention
- Audio-visual aids for patients and GP
- Click icon for clinical evidence

### Lifestyle advice popup

#### Make every contact count

Smoking status = smoker?  
Alcohol consumption = >14 units/wk ♀ ♂  
BMI / physical inactivity / diet = BMI ≥30, <150 mins PA/wk  
Mental wellbeing = Signs of stress / anxiety

