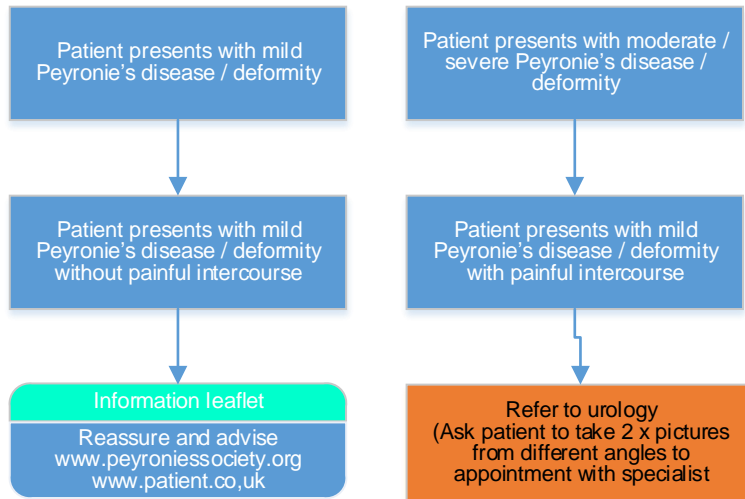


Penile Deformity Primary Care Protocol

Version 11.0 June 2021
Review Date: June 2023



Key

- "Must do" actions for GP's / (Triaged by RSS)
- Recommendations for Primary Care
- Red flag / urgent referral
- Routine referral
- Public health intervention
- Audio-visual aids for patients and GP
- Click icon for clinical evidence

GP's can access **ADVICE & GUIDANCE** for Urology via e-RS. Specialists/Consultants should reply within 3-5 working days.

Adult Balanitis Primary Care Protocol

Lifestyle advice popup

Make every contact count:
Smoking status = smoker?
Alcohol consumption = >14 units/wk ♀ ♂
BMI / physical inactivity / diet = BMI ≥30,
<150 mins PA/wk
Mental wellbeing = Signs of stress / anxiety

Adult (>16) present with balanitis

HbA1c and STI screen
(Chlamydia, Gonorrhoea via urine/swab and Candida screen)

Images of balanitis

Well defined lesions / ulceration or penile mass suggestive of penile cancer

Consider Urology 2 Week Wait

Foreskin hygiene and antibacterial topical treatment unless obviously fungal

Irritant/Dermatitis
Use Hydrocortisone 1% OD/BD 14/7

Fungal
Use Hydrocortisone 1% / Miconazole 2% or Clotrimazole 1% or Fluconazole 150mg

Gardnerella
Use Hydrocortisone 1% OD 14/7 and Metronidazole 400mg BD 7/7

Streptococcal Balanitis
Use Flucloxacillin 500mg QDS 7/7 or Clarithromycin 250 mg BD 7/7

Lichen Sclerosus
Use Clobetasone 0.05% OD 14/7

Remember to treat partner, if appropriate

Treat (No need to swab initially)

Take sub-preputial swab to confirm if fungal or bacterial, if no response to above treatment before referring

Has the patient had balanitis with skin changes (Zoon's Balanitis) for >6 weeks?

If recurrent (≥2 occasions)
Refer to urology
(If considering other underlying dermatological cause, GP to decide whether referral to Dermatology is more appropriate)

Key

- "Must do" actions for GP's / (Triaged by RSS)
- Recommendations for Primary Care
- Red flag / urgent referral
- Routine referral
- Public health intervention
- Audio-visual aids for patients and GP
- Click icon for clinical evidence