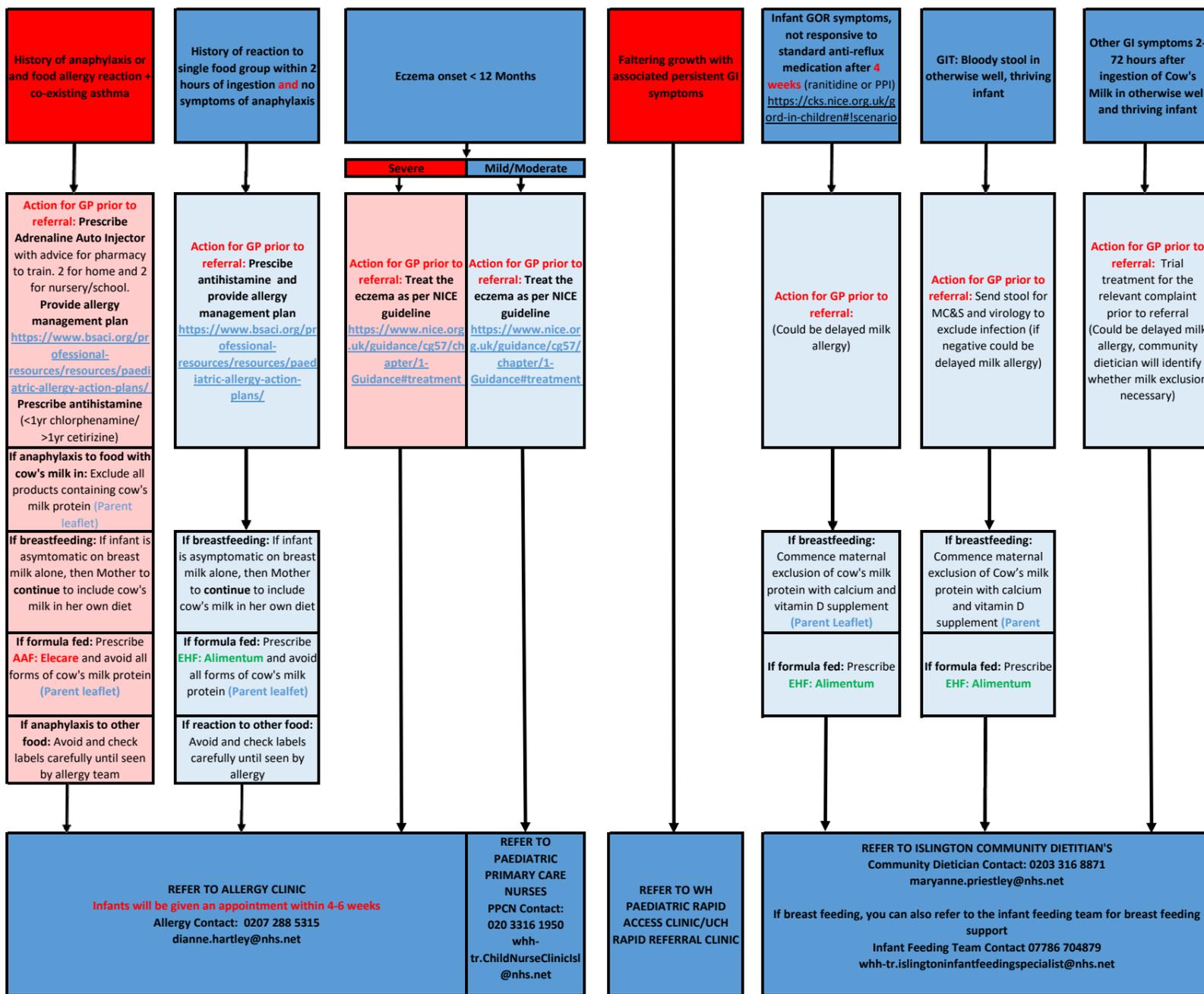


ISLINGTON ALLERGY PATHWAY



Suggested monthly amounts to prescribe		
Age	Formula required per 28 days	Requirement
<6 months	5,200g (13 x 400g tins)	150ml/kg. Less formula needs to be prescribed if infant is mixed fed
6-12 months	2,800g-5,200g (7-13 x 400g tins)	Formula intake reduces as solid intake increases
> 12 months	2,800g (7 x 400g tins)	300- 400ml/ day (maximum 600ml)

Product name	Age	Cost ¹	Cost per 100 kcal	Clinical notes
Extensively Hydrolysed Formula (EHF)-Prescribe initially if suspected CMPA				
1st Line: Lactose free, Casein based				
Alimentum® (Abbott)	Can be used from birth	£9.69 for 400g	£0.45	If child does not accept taste switch to SMA Althera®
2nd Line: Lactose containing, Whey based				
SMA Althera® (Nestlé)	Can be used from birth	£9.86 for 450g	£0.48	SMA Althera® may be better tolerated when initiating formula in infants over 6 months old. Vegetarian.
Amino Acid Formula (AAF) DO NOT INITIATE IN PRIMARY CARE unless severe CMPA				
EleCare® (Abbott)	Can be used from birth	£22.98 for 400g	£1.14	>Only 10% of infants with CMPA will require an AAF >If initiating in primary care refer child to Secondary Care Allergy Service >Child should remain under the care of a dietitian for the entire prescription >In rare cases where a patient requires this feed to be concentrated due to faltering growth, increased energy requirements or fluid restriction, this should be advised under a dietitian. Due to higher Vitamin A content within SMA Althera this needs to be calculated and advised appropriately. The Vitamin A content of the formula as well as the Vitamin A content of possible vitamin supplementation (Healthy Start Vitamins/Dalivit/Abidec) needs to be calculated together in terms of concentrated feed and volumes per day.
VITAMIN AND MINERAL SUPPLEMENTATION IN ALL UNDER 4'S				
The Department of Health recommends all children from birth to 5 years are given vitamin supplements containing vitamins A, C and D every day. All under 4's in Islington are eligible to receive free Healthy Start Vitamins, containing vitamins A, C and D, obtainable in most health and children's centres, see links for details: Healthy Start Poster, Collection points. The vitamin drops are being reformulated to be suitable from birth, but meanwhile the current drops can be commenced at the age of 1 month. For formula fed infants, national guidance suggests waiting until the baby is taking less than 500ml per day of infant formula, as formula milk contains significant levels of vitamin D. In Islington, however, in view of the high proportion of the population at risk of vitamin D deficiency, local guidance is to start ALL babies from the age of 1 month. Only if the health professional has made an assessment and is assured that the baby is likely to be vitamin D replete (e.g. such as by the mother having taken regular vitamin D supplementation during pregnancy, and the baby not being from a particularly at risk group) should advice to wait be given				

¹All extensively hydrolysed infant formulas are not Halal/Kosher, but when clinically indicated the Imam/Rabbi can give permission for use.
*For all formula fed infants/children, oral hygiene and dental care needs to be managed due to sugar content and use of bottles for feeding.