

The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it. The droplets have highlights and shadows, giving them a three-dimensional appearance. The main title is centered in a large, bold, black sans-serif font.

PERSONALITY DISORDER IN 15 MINS!

C&I PERSONALITY DISORDERS SERVICE

TAVISTOCK AND PORTMAN TEAM AROUND THE PRACTICE

THE BIG QUESTIONS...

- WHEN SHOULD I CONSIDER A PERSONALITY DIAGNOSIS IN A PATIENT?
 - THE 3 PS – PERSISTENT, PROBLEMATIC, PERVASIVE
 - WHAT DOES THE PATIENT WANT? ARE THEY TREATMENT READY?
 - WHAT IS DIFFERENT RIGHT NOW?
- CAN I THE GP MAKE THAT DIAGNOSIS OFFICIALLY OR SHOULD THAT ALWAYS BE DONE BY A SPECIALIST?
 - THIS SHOULD BE DONE WITH A SPECIALIST, YOU CAN IDENTIFY THIS AS A POSSIBILITY RATHER THAN GIVING A DIAGNOSIS
- HOW DO YOU ADVISE COMMUNICATING TO THE PATIENT THE POSSIBILITY OF SUCH A DIAGNOSIS?
 - SEE VIDEO CLIP*

What services are available

FOR YOU

- PICT CONSULTATIONS, TRAINING, JOINT APPOINTMENTS
 - TAP – CONSULTATIONS TO THE GPs
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- FOR THE SERVICE USER
 - TAP – SHORT TERM PRACTICE BASED INTERVENTION & SOCIAL PRESCRIBING
 - PD SERVICE – DIAGNOSIS AND INTENSIVE TREATMENT
 - OTHER SERVICES – THIRD SECTOR, MEANINGFUL ACTIVITY, SUPPORTIVE COUNSELLING ETC.

What can GPs do?

- HELPING THE SERVICE USER GET “TREATMENT READY”
 - DIFFICULT CONVERSATIONS (GET HELP IF NEEDED)
 - BEHAVIOURAL AND VERBAL COMMITMENT
 - WHAT DO THEY REALLY WANT?
 - REDUCE MULTIPLE REFERRALS
- REGULAR APPOINTMENTS **IN THE SHORT TERM** BUT WITH AN END OR REDUCTION IN SITE
- CRISIS PLAN *SHORT, MEDIUM AND LONG TERM*
- SEEK SUPPORT FROM TAP/PICT

HOW SHOULD I MANAGE THOSE PATIENTS WHO ARE VERY UNSTABLE AND CHAOTIC WHILST THEY ARE ON A LONG WAITING LIST FOR THERAPY?

- REFER TO CRISIS PLAN
- SOME ACCEPTANCE IN THE USE OF CRISIS SERVICES AT LEAST IN THE SHORT TERM
- PERHAPS HAVING A NAMED GP (WITH A SECOND WHO KNOWS THEM A LITTLE)
- BEWARE OF OVEREXTENDING
 - NOTICE YOUR OWN FEELINGS

SU WHO DON'T MEET THE CRITERIA/BOUNCED REFERRALS

- LIMITED SERVICES IS A REALITY
- WHY ARE THEY BOUNCING
 - GAPS IN SERVICE
 - NOT TREATMENT READY
 - DON'T MEET THRESHOLDS
- SEEK ADVICE AND SUPPORT
- WHAT CAN BE DONE RIGHT NOW?

ANY QUESTIONS?

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