

**Sexual Health in Practice (SHIP) training is interactive, practical & peer-led training** in sexual health, appropriate for all GPs and Practice nurses, not just for those with a particular interest.

### Did you know that...

- Camden, Islington and Haringey have some of the highest HIV and STI prevalence rates in the UK<sup>1</sup>
- 66% of people would prefer to use their GP for sexual health services<sup>2</sup> but GPs and practice nurses report numerous barriers to offering HIV and STI tests
- Missed opportunities to diagnose HIV and other STIs have major health implications, including significantly increased mortality rates for HIV<sup>3</sup>

### Why is SHIP training relevant to YOU?

- Do you want to learn quick simple strategies to assess your patients' sexual health risk?
- Find out why the use of speculae is plummeting!
- Are you all too aware of the reasons NOT to offer an STI test?
- Do you worry about how to bring up the topic out of the blue?

SHIP training has been shown to change clinical practice and improve sexual health outcomes for patients<sup>3,4</sup>. The session content is based on the latest available evidence, and is tailored to your role in general practice.

We will help you become confident in sexual health risk assessment and make meaningful changes to your clinical practice!

### Participant feedback

*'Pitched at exactly the right level... Honestly an excellent course - good balance of theory & practical'*

*'The best training we've had for years. More updates please'*

*'Interactive, engaging, interesting. Excellent resources'*

*'One of the best lectures I have had the privilege to attend. Once again very impressive'*

*'This is a brilliantly thought through training'*

*'Brilliant course will change my practice!'*

## January/February/March 2020 sessions for practice nurses

### Session 1: STI Update

- Up-to-date information on diagnosing & managing STIs
- Which tests and which swabs to take
- Outline protocol to take back to the surgery

**Friday 31<sup>st</sup> January**

1pm - 5pm

(Lunch 12:30pm)

Mortimer Market Centre,  
WC1E 6JB

### Session 2: Talking with Patients about Sex

- Sexual health risk assessment
- Practice assessing sexual health risk
- Resources to take back to your surgery

**Friday 7<sup>th</sup> February**

1pm - 5pm

(Lunch 12:30pm)

Mortimer Market Centre,  
WC1E 6JB

***To fully utilise the learning opportunities of the course it's essential that participants attend both of the above sessions***

### Session 3: HIV and viral hepatitis update

- Up-to-date evidence of national and local trends
- Evidence of the advantages of diagnosing HIV and viral hepatitis
- Support for 'normalising' HIV and viral hepatitis testing in primary care

**Thursday 27<sup>th</sup>**

**February OR**

**Thursday 5<sup>th</sup> March**

1pm - 5pm

(Lunch 12:30pm)

Mortimer Market Centre,  
WC1E 6JB

***Participants attending these sessions must have completed the two sessions above beforehand***

To book onto this course please fill in an application form [here](#)

If you have issues with this please contact Ceri Gifford on

020 3317 5471 or [ceri.gifford@nhs.net](mailto:ceri.gifford@nhs.net)

#### References:

1. <http://fingertips.phe.org.uk/profile/sexualhealth/data#page/0>

2. Burns et al. (2008) Missed opportunities for earlier HIV diagnosis within primary and secondary healthcare settings in the UK

3. <https://www.nice.org.uk/sharedlearning/sexual-health-in-practice-training-increases-hiv-testing-in-primary-care>

4. Pillay TD, Mullineux J, Smith CJ, et al. Unlocking the potential: longitudinal audit finds multifaceted education for general practice increases HIV testing and diagnosis. *Sexually transmitted infections* 2013;89(3):191-6. doi: 10.1136/sextrans-2012-050655

Click [here](#) to see how SHIP training in Haringey led to increases in testing & changes in practice