

New Enhanced Service 2021/22 – Weight Management Service Summary

B0699 Weight Management

Service

- A national service to encourage practices to develop a supportive environment for clinician to engage with patients living with obesity to support them for weight loss
- The service will allow practices to:
 - Identify patients living with obesity (For the purpose of this enhanced service obesity is defined as a BMI ≥ 30 or ≥ 27.5 for those of Black, Asia and other minority ethnic groups);
 - Have an opened discussion with patients of the associated health issues linked with obesity; and
 - Facilitate access to weight management services.
- The service goes alongside a broader expansion of weight management services, including:
 - The launch of the [NHS Digital Weight Management Service](#) for those with hypertension and diabetes, and
 - Investment into local authority tier 2 services.
- Service is to run from 1 July 2021 to 31 March 2022

Service Delivery Specification

- Practices are to develop a supportive environment:
 - ensuring staff delivering the service are equipped with the right resource materials and training;
 - Practices are to develop a practice-based approach to identify and support patients living with obesity. This involves the development and implementation of a protocol which seek to:
 - Normalise conversation about weight and weight management during consultation;
 - Recognise the sensitivity of such conversations;
 - Consider how all opportunities of the different types of consultations could be maximise in identifying the target group;
 - Encourage patients to provide information on their weight and

- BMI;
 - Record an updated BMI annually
 - Record and maintain details of weight management services and how to refer to them.
 - Practices are to review and maintain the practice's Obesity Register at a minimum level of recording at 31 March 2020
 - Practices are to support patients, assess, record assessment outcome and refer them appropriately.
 - Acceptable referral services include:
 - NHS Digital Weight Management services for those with hypertension and/or diabetes. This should be the default option for this cohort of patients - <https://www.england.nhs.uk/digital-weight-management/> ;
 - Local Authority funding tier 2 weight management services;
 - Diabetes Prevention Programme for those with non-diabetic hyperglycaemia; or
 - Tier 3 and Tier 4 services - <https://oen.org.uk/managing-obesity/nhs-tiered-care-weight-management-pathway/> .

The full weight management service specification could be accessed via <https://www.england.nhs.uk/wp-content/uploads/2021/06/B0699-ess-weight-management-21-22.pdf>

Service Monitoring

- Practices to sign-up to service via survey on Citizen Space. Please click on this [link](#) to sign up on Citizen Space.
- Practices that have signed up to the service will be offered the service on CQRS.
- Practices are to be notified of their initial referral allocation based on the practice Obesity Register as at 31 March 2020.
- The initial referral allocation will, at a minimum be one-third of the number of patients on the practice Obesity Register at 31 March 2020.
- Commissioners to notify each practices that have signed up of their referral allocation by 31 August 2021

- Commissioners to regularly review practice-level referral allocations and can increase or reduce referral allocations.
- Where the practice-level allocation for the period up to 30 November is less than 40% of the total referral allocation, commissioners are entitled to reduce referral allocations from 1 January 2022.

Payments and Validation

- Practices are entitled to £11.50 per referral made to any of the above listed services.
- Claims will be processed via CQRS. More information on this to follow.
- Claims must be on the basis of the number of unique patients with:
 - A qualifying referral within the period of the Enhance Service (coded on the basis of the SNOWED code (*Referral to weight management service - 1326201000000101*))
 - A BMI recorded since 31 March 2020 of ≥ 30 , or of ≥ 27.5 for patients from Black, Asian and other minority ethnic groups.