

An easy read guide to having a blood test

THE FORM

**BLOOD TEST REQUEST
FORM**

- The GP or nurse will have given you a blood test request form
 - You must bring this form to your appointment so the nurse can do the correct tests
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ARRIVAL



RECEPTION DESK

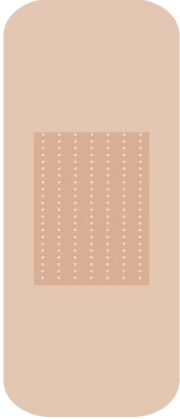
- When you arrive at the GP Practice tell the receptionist you are here for your blood test appointment
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THE TEST



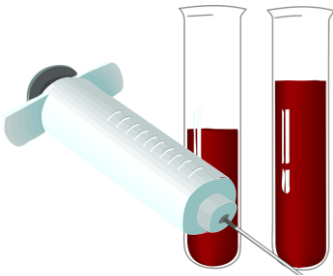
- The nurse will call you to their room
 - Roll up your sleeve
 - The nurse will put an elastic strap on your upper arm
 - They will clean your inner arm, it will feel cold
 - They will put a small needle in your arm to take your blood sample
 - This feels like a small scratch
 - You need to stay still
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AFTER THE TEST



- After the test they will press cotton wool on your arm to stop the bleeding
 - They need to press firmly for a minute
 - They will give you a plaster – tell the nurse if you are allergic to plasters
 - You will get a small bruise, this is normal
 - The bruise should go away after a week
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TESTING THE BLOOD



- Your blood sample is sent to a hospital to be tested
 - The hospital sends the results to your GP
 - This takes 7 days
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MY RESULTS



- Your GP practice will tell you how to get your results
 - This might be by telephone or in person
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If your GP practice does not take blood samples, they will book an appointment for you to have your blood test at another GP practice